



# The Source of Joy

Philippians 4:4

5.3.26

1. When you hear “Rejoice in the Lord,” what do you think that practically looks like in daily life?
2. What are the most common places people look for joy instead of Christ? Which ones are most tempting for you personally?
3. Why do you think worldly happiness always fades, even when we finally get what we wanted?
4. Can you think of a time when something you thought would satisfy you didn't? What did that reveal about your heart?
5. How is our modern culture similar to the “bread and circuses” of ancient Rome?
6. What are some “modern distractions” that keep people from thinking about deeper spiritual realities?
7. Why is it dangerous to base your joy on circumstances, success, or comfort?
8. According to Luke 10:20, why does Jesus redirect the disciples' joy? What does that teach us?
9. What does it mean that your name is “recorded in heaven,” and why should that produce lasting joy?
10. David prayed in Psalm 51:12 for restored joy—what caused him to lose it in the first place?
11. Have you ever experienced a loss of joy in your walk with God? What contributed to that?
12. Why is salvation the deepest and most stable source of joy a person can have?