



## Running the Race with Joy

Philippians 3:14-16

3.22.26

1. Paul compares the Christian life to running a race. What are some ways the Christian life is similar to a race?
2. According to verse 14, what is the goal Paul is pursuing? How does keeping the goal in view shape the way we live now?
3. How does the promise of the upward call of God in Christ Jesus encourage believers to keep running the race faithfully?
4. What are some distractions or obstacles that can slow believers down in their spiritual race?
5. Paul calls mature believers to think this way (v.15). What kind of mindset is necessary to run the race well?
6. How does spiritual growth and maturity help us experience joy in the Christian life?
7. Paul says that if believers think differently, God will reveal it to them. What does this teach us about the role of God in our spiritual growth?
8. In verse 16, Paul says we must hold true to what we have attained. Why is it important not only to grow, but also to remain faithful to the truth we already know?
9. What practices help believers stay grounded in the gospel while continuing to grow spiritually?
10. Looking at your own life, what is one way you can run the race with greater focus and joy this week?