Payton's Pen

Not Exactly!

"I can do all things through Him who strengthens me." Philippians 4:13

I have seen this verse tattooed on people, displayed on screen savers, and hung on walls in homes and offices. One big problem with this verse is that most people don't know what it means. Growing up, I loved watching nature documentaries in the 1960's such as the Wild Kingdom and National Geographic, and my favorite show was by oceanographer Jacques-Yves Cousteau. I loved the ocean as a boy and wanted to spend my life diving with the dolphins. The problem was I realized by the time I was 12; that I wasn't smart enough to become an oceanographer. However, according to many, I just lacked faith in Christ because obviously, all believers know that they can do all things through Christ.

The meaning of the verse is quite clear. Paul, under the inspiration of the Holy Spirit, was inspired to write that God would see him through all of the physical sufferings he was enduring for the cause of Christ. Paul wrote to the church in Corinth:

"Five times I received from the Jews forty lashes less one. 25 Three times I was beaten with rods, once I was stoned, three times I was shipwrecked—a night and a day I have spent in the deep. 26 I have been on frequent journeys, in dangers from rivers, dangers from robbers, dangers from my countrymen, dangers from the Gentiles, dangers in the city, dangers in the desolate places, dangers on the sea, dangers among false brothers.

27 I have been in labor and hardship, in many sleepless nights, in starvation and thirst, often hungry, in cold and without enough clothing" (1 Cor.11:24-27).

It was these sufferings and, ultimately, his death that God gave him the strength to endure all things. So, as we live our lives for Christ, take comfort in knowing that God will provide you with the strength to live, suffer, and die for Him.

Your shepherd,

**Pastor Mark** 

Quote of the Week

"It is well said that neglected prayer is the birth-place of all evil." -Charles Spurgeon Grace Gemy

Grace Gems- Valley of Vision Living By Prayer-

O GOD OF THE OPEN EAR.

Teach me to live by prayer as well as by providence, for myself, soul, body, children, family, church;

Give me a heart frameable to thy will; so might I live in prayer, and honour thee, being kept from evil, known and unknown. Help me to see the sin that accompanies all I do, and the good I can distil from everything. Let me know that the work of prayer is to bring my will to thine, and that without this it is folly to pray;

When I try to bring thy will to mine it is to command Christ, to be above him, and wiser than he: this is my sin and pride. I can only succeed when I pray according to thy precept and promise, and to be done with as it pleases thee, according to thy sovereign will.

When thou commandest me to pray for pardon, peace, brokenness, it is because thou wilt give me the thing promised, for thy glory, as well as for my good. Help me not only to desire small things but with holy boldness to desire great things for thy people, for myself, that they and I might live to show thy glory.

Teach me that it is wisdom for me to pray for all I have, out of love, willingly, not of necessity; that I may come to thee at any time, to lay open my needs acceptably to thee; that my great sin lies in my not keeping the savour of thy ways; that the remembrance of this truth is one way to the sense of thy presence; that there is no wrath like the wrath of being governed by my own lusts for my own ends.

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Weekly Gatherings



#### **Bible Classes**

Old Testament New Testament Young Parents Young Adults Sunday Morning @ 9AM



# **Weekday Meetings**

Mondays | 7PM Men's Bible Study Every other Saturday: Women of Grace | 9am



#### Family Groups

Thursdays @ 7PM every other week @ Chambers, Cox's, Patrick's and beginning 6/23 @ the Brown's



# **Build the Body Teams**

If you would like to serve on a BtB Team and forgot to sign up, please contact the team leader at the appropriate email address.



# **Youth Study**

Wednesdays @6:30PM Youth Study



#### **Service Times**

Sunday Service 10:30AM Children's Church @10:30AM Giving from service on 8/07/2022

 General Offering
 9,815.77

 Building Fund
 7,212.00

 Uganda
 125.00

 Total
 17,152.77

Attendance ........... 234
Sunday School ....... 139
Online ......... 28

Build the Body Ministries

Women's Ministry-women@ghbcva.org
 AWANA-awana@ghbcva.org
 Outreach Ministry-outreach@ghbcva.org
 Worship Ministry-worship@ghbcva.org
 Men's Ministry-men@ghbcva.org
 Children's Ministry-children@ghbcva.org
 Youth Ministry-youth@ghbcva.org
 Prayer Team-prayer@ghbcva.org
 Maintenance-maintenance @ghbcva.org
 Fellowship-fellowship@ghbcva.org
 Communications-communications@ghbcva.org
 Front Line-frontline@ghbcva.org
 Security-security@ghbcva.org



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